



Be the Princess
that you are.
Period.

Co-owned and endorsed by
Caster Semenya,
double 800m Olympic Gold Medalist

"Women's health, especially menstrual matters is an ongoing issue, particularly in rural communities, and I look forward to playing an important role by assisting in providing a cost-effective solution with the PrincessD Menstrual Cup."

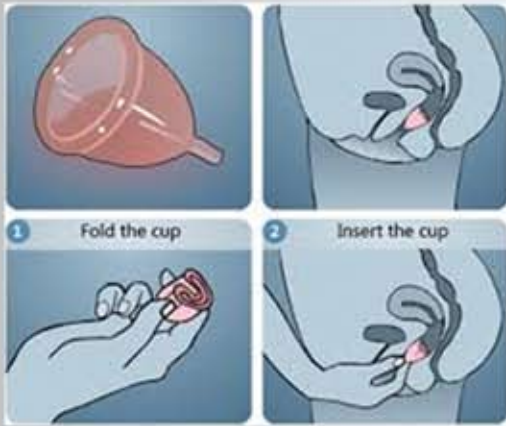


**An environmentally-friendly,
hygienic and cost-effective
alternative product for
menstruation**

REUSABLE FOR UP TO 10 YEARS
(approximately R30,00 per YEAR,
opposed to R60,00 per MONTH
for other sanitary products)
**Saving R5600 in
10 years!**



How to insert the cup



description & specifications

Specially designed to care for the well-being of every green goddess!

Small (15ml)	For girls and women 10-30 years old. Suitable for a light flow.
Large (20ml)	For women over 30 years old. Suitable for a heavy flow.

DON'T CHANGE YOUR LIFESTYLE, SWITCH TO THE PRINCESSD MENSTRUAL CUP!

Many girls use unhygienic alternatives to sanitary pads and tampons, such as newspaper, dirty rags and leaves, which puts them at a huge risk of infection. About nine million girls aged between 11 and 19 do not attend school every month for at least a week because they have nothing to use.

The aim for creating the PrincessD Menstrual Cup was to keep girls at school during their period, but girls and women everywhere can use this cost-effective solution. The cup is ultra-soft, made from medical grade silicone and is reusable for up to **10 years** and is completely comfortable for sports such as swimming, yoga, dancing or any type of activity as it allows safe, secure, discreet and leak-free protection for up to **12 hours** at a time. It is a greener alternative to disposable tampons and sanitary pads as it does not add to landfill.

benefits

- Comfortable, convenient & easy to use
- Clean, odourless & discreet
- Easy to clean and sterilise
- Reusable & lasts for up to 10 years
- Holds up to 3 times the liquid of sanitary pads/tampons
- Suitable for use during sports or sleeping
- Made from hypo-allergenic, non-absorbent medical grade silicone
- FDA approved
- Contains NO bleaches, deodorants or absorbing gels
- Eco-friendly; product doesn't contribute to deforestation
- Depending on the flow, the cup can be used for up to 12 hours!
- The cup collects and does not absorb
- 250 ml of boiling water is required after the cycle to sterilize
- Comes with a compact, foldable sterilizer cup

PrincessD Menstrual Cup
a division of Famram Solutions



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